

## Version 2

**Situation:** You are in a situation where you have been diagnosed with pre-diabetes so you are looking for natural ways to control and reduce your glucose levels before it turns into diabetes. You are not looking for a general article and want to read other user's experiences and solutions validated by professionals that they have found.

**Task:** Search for a topic posted by others on "reverse pre diabetes" and find the topic that's most relatable to your situation and reply to the post anonymously with a follow up question.

### Legend

